



2011 Transition to Competiton Junior Golf Coaching Program Schedule of Activities

Date	Time	Coaching Session	Duration
*Mon June 20 th	6 pm	Junior/Parent Orientation	1 hour
Thurs June 23 rd	3 pm	Equipment Evaluation, Video recording and Player Interviews	3 hours
Mon June 27 th	3 pm	TPI Fitness Screen + Practice	3 hours
Thurs June 30 th	3 pm	Uncommon Golf Short Game Test	3 hours
Mon July 4 th	3 pm	Long Game Evaluation + 1 to 1 Instruction	3 hours
Thurs July 7 th	3 pm	On-Course Playing Lesson (Marshes F9)	3 hours
Mon July 11 th	3 pm	Short game Practice, Drills & Skills	3 hours
Thurs July 14 th	3 pm	Long game Practice, Drill & Skills	3 hours
*Mon July 18 th	3 pm	<i>RAIN DATE or Open Practice Session</i>	3 hours
Thurs July 21 st	3 pm	Golf Psychology + 1 to 1 Instruction	3 hours
Mon July 25 th	3 pm	How to Practice on your own + 1 to 1 Instruction	3 hours
Thurs July 28 th	3 pm	Nutrition and Tourament Preparation	3 hours
Mon Aug 1 st	3 pm	On-Course Playing Lesson (Marshes B9)	3 hours
Thurs Aug 4 th	3 pm	Video Session (Recording and Analysis)	3 hours
Mon Aug 8 th	3 pm	Bunker Play- Greenside & Fairway	3 hours
Thurs Aug 11 th	3 pm	Tomi Pro Putting Analysis & Drills	3 hours
Mon Aug 15 th	3 pm	Rules & Ettiquette Session + Practice	3 hours
*Thurs Aug 18 th	3 pm	<i>RAIN DATE or Open Practice Session</i>	3 hours
Mon Aug 22 nd	3 pm	Course Mangement (on-course)	3 hours
Thurs Aug 25 th	3 pm	Speciality Shots and Game Tracking Review	3 hours
Mon Aug 29 th	3 pm	TPI Fitness Re-Screen + Practice	3 hours
Thurs Sept 1 st	3 pm	Uncommon Golf Short Game Test	3 hours
Mon Sept 5 th	3 pm	On-Course Playing Lesson (Marchwood)	3 hours
*Mon Sept 8 th	6 pm	Junior/Parent Graduation	2 hours

--

- Each session will include one to one consultation with each player
- Each Monday the players will be provided a report stating their current stats, goals and expectations for the week (stats provide by Shot-by-Shot)
- 2 CPGA Golf Professionals will be on-site for each session
- All * dates are not included in the 20 session program- they are for contingency, practice, interaction and celebration